

## Performance Centre Training Competition Day Programme

Sunday 1 March 2020

### South Midlands vs Reading PC – U15 and U17 Girls

Venue: Warwick School, Myton Road, Warwick – park in Gallows Hill Car Park CV34

Player Kit: All players must bring both home and away playing kit.

South Midlands PC to arrive in blue home kit. Blue shirt, blue shorts/skort, blue socks.

Reading PC to arrive in white away kit. White shirt, blue shorts/skort, white socks.

South Midlands PC will host Reading PC

U15 Girls		
Training Session	Registration and Warm up	9.30am prompt
	Pitch Session	10.00am – 11.30am
Lunch		
Match Session	Re-registration and Warm up	12.30pm prompt
	Match	1.00 – 3.00pm
U17 Girls		
Training Session	Registration and Warm up	11.00am prompt
	Pitch Session	11.30am – 1.00pm
Lunch		
Match Session	Re-registration and Warm up	2.30pm prompt
	Match	3.00pm – 5.00pm

**All PC players are expected to attend this full day Performance Centre activity.  
Overage DiSE players (2002 birthday) and NAGS players are not able to participate in this activity.  
Guest players must return to their home centre.**